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The Rosicrucian Order

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THE CONCURRENCE

This Week's Consideration of a Famous Opinion



¶ So intrigued was Nicholas Flamel by the mysterious and enigmatic *Book of Abraham* which he purchased by chance from an unknown bookseller, that he spent his entire lifetime attempting to penetrate the esoteric secrets it contained. He wrote an exposition of its "hieroglyphical" figures, which he caused to be painted upon an arch in St. Innocent's



Churchyard in Paris. This work concerns both the theory and practice of the Philosopher's Stone, and reveals to the mystic those secrets which have ever been concealed from the uninitiated. The following excerpt is from his description of one of the symbolic figures:

I have so made to be painted for thee a field vert, because that in this decoction the confections become green, and keep this colour longer than any other after the black. This greenness shows particularly that our Stone hath a vegetable soul, and that by the Industry of Art it is turned into a true and pure tree, to bud abundantly, and afterwards to bring forth infinite little sprigs and branches. O happy green . . . which dost produce all things, without thee nothing can increase, vegetate, nor multiply. The three folk rising again, clothed in sparkling white, represent the Body, Soul, and Spirit of our white Stone. The Philosophers so ordinarily use these terms of Art to hide the secret from evil men.

—NICHOLAS FLAMEL (FLAMMEL), 1330-1418

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To the Members of the Esoteric Hierarchy, Greetings!

Some of you have already written of the benefits brought by these experiments of the last few weeks and this leads me to believe that most of you have had some interesting results. Since we shall continue these experiments for quite a few weeks to come, it would be helpful for you to review one or more of the principles of past exercises each week in connection with the ones you are carrying on now.

In continuing your experiment of facing different cardinal directions, it is best to think of the earth on which we live as the only one in the universe, regardless of whether we hold to the Copernican, the cellular or some other cosmological theory. Let us not think of the universe around us going on into space indefinitely with other earths and other people inhabiting them.

If we think of this earth as being circled by a heaven, and of a plane of spiritual life somewhere there which we call Cosmic, we will have a better basis for future experiences. This is not to deny the existence of other planets or the possible existence of human beings on some. All this has nothing to do with our present considerations. There will come a time when you will be able definitely to know whether or not there are other planets which human beings can contact mentally, spiritually, or psychically. At present we have no proof, and cannot accept theoretical planets with strange people on them.

We have often referred to the Cosmic rays or waves of energy and power that travel around and through the earth. If we think of the earth as a ball floating in space that is charged with electricity or radio emanations of high rate, we will realize that the earth is surrounded by these vibrations, and that many of them pass through it and if we think of the earth also as an electric or magnetic ball, we will realize that it must have its own magnetic waves traveling through and around it. This places man on the surface of the earth in a peculiar position. Beneath his feet are magnetic vibrations that are vitalizing, and some more or less destructive; Cosmic vibrations surround his body and are in the air he breathes, also crossing the vibrations on and in the earth. Man is therefore surrounded by these complex rays, and as he breathes, he takes into his system certain energetic powers and forces that make him also magnetic like the earth upon which he stands, and like the atmosphere around him.

Our use of the term magnetic radiations of the human body is not intended to imply that this magnetism is of the same quality or kind as that of an iron bar or a solenoid carrying electric currents. What we mean is that the radiations from the body induce or produce effects similar to common magnetic phenomena.



If man is out of harmony with earthly and Cosmic radiations, he is ill, and grows weak physically, mentally, and

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spiritually. If he keeps himself properly attuned, these energies are regenerative, re-creative, and beneficial in every sense. For this reason, the tests, facing the different points of the earth, should be continued.

You have been told during the past few weeks that there is no reason why you should not draw upon Cosmic help for the improvement of your material affairs. Let us begin with health as the first and most important of worldly conditions and assets. Nearly everyone in this class is over thirty-five and a majority are over forty-five. Thus, all are nearly of an age where future health and worldly interests are of considerable importance. Within the next ten or fifteen years, under ordinary circumstances, all processes of regeneration in the body will gradually cease because of the terrific speed at which we are living these days. A person of forty-five or fifty can seldom expect the same degree of daily regeneration in the body that a person of twenty-five can expect; but we can look to the Cosmic for help in this regard and there is no reason why the mystic and philosopher who attunes himself with the Cosmic and follows our practices cannot re-establish these regenerative processes in the body and prevent the health and general physical condition from breaking down.

We have heard much about an elixir of life, often referred to as the philosopher's stone or a strange "fluid." It has become generally accepted among investigators not initiates of the secret societies that the philosopher's stone which the ancients referred to was not actually a stone but a secret process. The facts about it, no doubt you have discovered from our teachings. The ancient mystics and philosophers used allegories and symbols so that the uninitiated would not become too familiar with their secrets. The constant reference in their manuscripts to the search for the "philosopher's stone" seemed puzzling to the uninitiated.

History tells us of uninitiated scientists and investigators who actually sought for strange minerals in the earth and strange stones with mystic powers of the kind referred to by these ancient writers. Many of the manuscripts were confusing to those who did not understand them because the philosopher's stone was referred to as something that would bring health in old age, would transmute metals, would give spiritual power and attunement. Some years ago when radioactive metals or stones such as radium, uranium, and vanadium were discovered, many persons thought the real philosopher's stone had been discovered.

The real philosopher's stone, however, is not a stone but a law, a principle, a combination of secret rules and methods which can be applied in the laboratory work of transmuting metals, in transmuting the human body to a youthful one, or in transmuting character and personality to a higher spiritual standard.



The elixir of life was often referred to as a fluid which entered human bodies and all other things on the earth plane, because early mystics conceived of spirit energy, or Cosmic energy, as flowing into and through all matter and out again. This reference to a fluid led many to hope to find a water that would actually revitalize the body, produce youth and prevent old age. When science discovered water in different parts of the earth containing emanations of radium, they thought that this water might be the mysterious elixir of the ancient mystics.

The truth is that a glass of ordinary drinking water held in the hands and concentrated upon in the manner described in early monographs becomes more magnetic and more invigorating to the body than any water ever found in any strange pool or well. Nonetheless, there is an elixir, and a philosopher's stone—a process whereby you can regenerate the human body. These things we have been describing to you in these higher Degrees, but regeneration cannot ordinarily take place suddenly.

In applying esoteric principles for the improvement of health, the first thing to keep in mind is a general picture of what it is you want in regard to health. Very few members will attempt to visualize themselves as youthful again in the sense of looking like persons of twenty or twenty-five. Such a complete regeneration or return to youthful appearance is not impossible, but it would require a longer time to work itself out than would a more reasonable petition to the Cosmic. What can be asked for, especially by the women in these higher Degrees, is an awakening of the regenerative processes in the body to such an extent that all weakened, sagging muscles, all dry, parched and badly wrinkled skin discontinue and facial and bodily muscles take on a new vigor and fullness of life and normal condition. In addition to this, the various glands throughout the body can have their activity renewed; the mind should be concentrated upon the picture of a return of the vitalizing functions of the various glands. The latter have more to do with the return of a youthful, healthy vigor in the body than anything else, unless it be the normal condition of the heart and lungs.

If the heart is weak or abnormal in its functioning, this should be thought of; not that the abnormal condition be concentrated upon, but rather the return to the normal condition should be visualized. If there is any weakness in the lungs, the concentration should be upon perfect lungs, the ability to take deep breaths so as to vitalize the blood in the proper way.

The same pertains to the kidneys, bladder, gall sac, stomach, and the digestive tract. Do not visualize the abnormal condition, but visualize those organs or parts as becoming stronger, healthier and more normal. If there are no serious functional errors or abnormalities in any part of the body, then concentrate upon the cells of the body—including the blood cells—as becoming



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new and vigorous and the entire body building up to greater health and strength. Nor should the eyesight and hearing be overlooked.

Now is the time to do this when you are attuning yourself with the Cosmic through your music note, visualizing your color and musical tone in harmony with the Cosmic. Think of yourself as being dual, physical and psychic—your psychic self fitting back into the counterpart in the Cosmic from which it came.

When you think of yourself as having fitted your psychic body and soul body into this blended section of the Cosmic so that your soul body and the Cosmic Consciousness are like one, unseparated, after a few minutes of concentration, you will feel a vibrating, tingling power all through your body as though you were actually and physically in contact with some great energy. If you have ever bathed in the high frequency of a magnetic electrical bath, you will realize what I mean by the magnetic tingling going through your body. Electricity itself, in any known form, cannot give this same tonic effect to the body that Cosmic attunement can.

A few ten-minute periods every day spent in such attunement will be very beneficial. Do not leave these periods until just before going to bed because you should get up and walk around vigorously for a little while, especially in the open air; when you come back into your home to sit down again or get ready for bed, you will be tingling with a vitality you did not have before. Keeping up this practice for several weeks will make so many changes in your body that you will want to keep it up for the rest of your life. You will notice color coming back into your cheeks and various parts of the flesh and you will notice brightness in your eyes. I have even known of persons whose rapidly graying hair has gradually ceased to become gray and the natural color started to come back again. You will notice, too, after a month of this daily practice that the little moons in each fingernail will be whiter with more pink to the remaining part of the nail, showing that the blood is becoming more youthful and vitalized. Sometimes there will be a tingling in the nostrils after these periods as though you had been breathing some sort of energy or some sort of atmosphere that had a new kind of power in it. The nostrils are very sensitive to Cosmic energies and such tingling will indicate good attunement during these periods. Not everyone feels this tingling because of the differences in the tissues of the nostrils, but other signs in the functioning of your body, and even in appearance will show that improvement is taking place. In your next monograph, you will be given further steps in concentrating for other material benefits and blessings.



May Peace Profound abide with each of you.

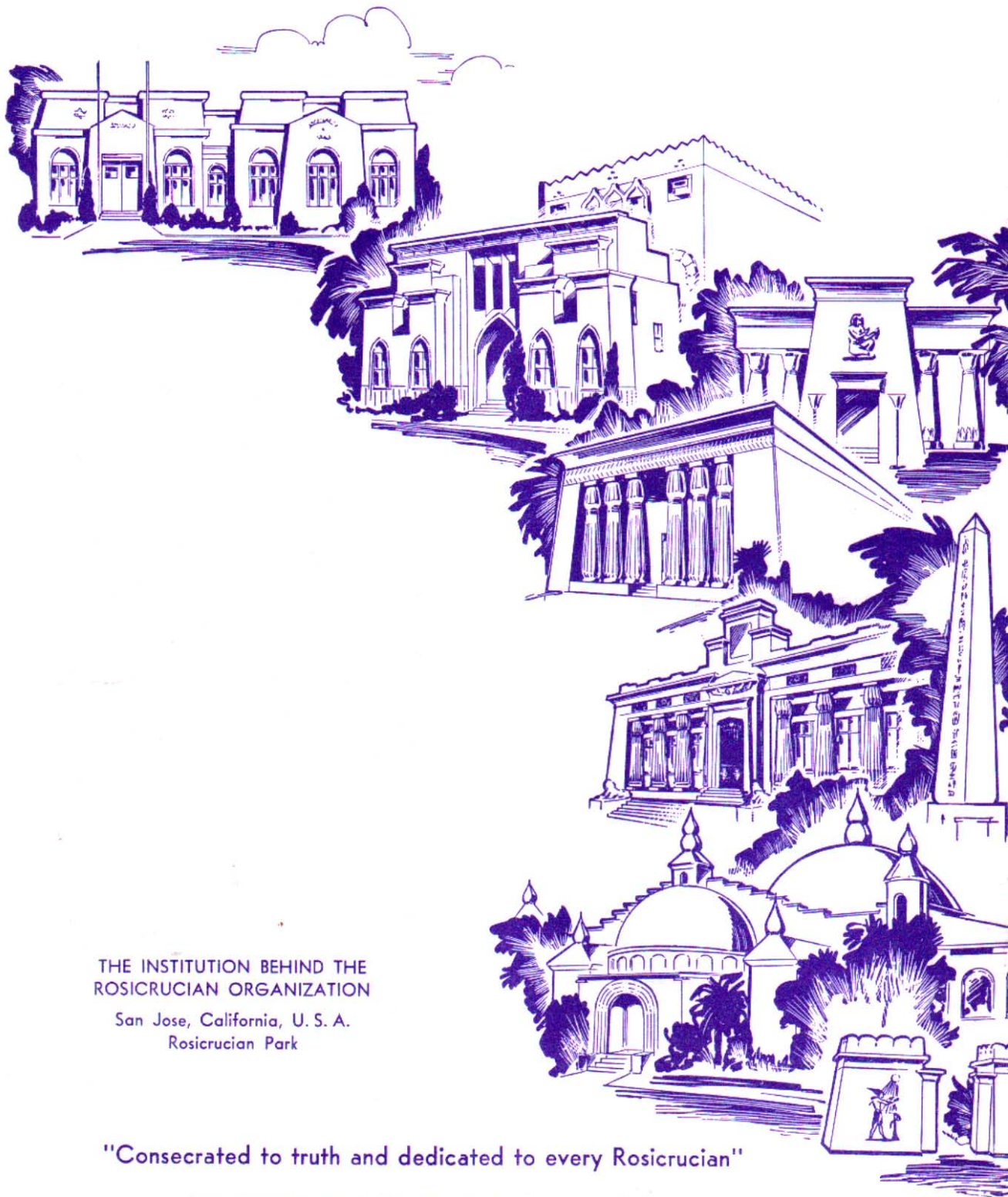
Fraternally, YOUR CLASS MASTER

Summary of This Monograph



Below is a summary of the important principles of this monograph. It contains the essential statements which you should not forget. After you have carefully read the complete monograph, try to recall as many as you can of the important points you read. Then read this summary and see if you have forgotten any. Also refer to this summary during the ensuing week to refresh your memory.

- ¶ Since cosmological theories have nothing to do with our present considerations, we will have a better basis for future experiments if we think of the earth as the only one in the universe.
- ¶ Think of the earth as a magnetic ball floating in space charged with vibrations of high rate, and of man on the earth's surface as likewise being magnetic.
- ¶ To maintain physical, mental, and spiritual health, man must keep himself attuned to these earthly and Cosmic radiations.
- ¶ In drawing upon the Cosmic for help in improving our material affairs, it is best to begin with health and the re-establishment of the regenerative processes in the body.
- ¶ The real philosopher's stone is a law, or combination of rules and methods, for transmuting the human body to a youthful one, or for transmuting character and personality to a higher level.
- ¶ The elixir of life, referred to as a fluid by early mystics, had reference to spirit energy flowing into, through, and out of all matter.
- ¶ In applying esoteric principles for the improvement of health, visualize a healthy, normal body. Think of yourself as dual—with a physical body, and also a psychic body fitting into its Cosmic counterpart.



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